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**APPLICANTS**

Kenneth W. Stearns, Houston, TX;  
Joseph D. Maresh, West Linn, OR;

**\*\* CONTINUING DATA \*\*\*\*\***

This application is a CON of 09/510,029 02/22/2000 PAT 6,338,698  
which is a CON of 09/064,368 04/22/1998 PAT 6,027,431  
which is a CIP of 08/949,508 10/14/1997 ABN  
and claims benefit of 60/044,959 04/26/1997  
and claims benefit of 60/044,961 04/26/1997  
and claims benefit of 60/044,026 05/05/1997

**\*\* FOREIGN APPLICATIONS \*\*\*\*\***

**IF REQUIRED, FOREIGN FILING LICENSE GRANTED \*\* SMALL ENTITY \*\***  
\*\* 02/01/2002

Foreign Priority claimed	<input type="checkbox"/> yes <input type="checkbox"/> no	STATE OR COUNTRY TX	SHEETS DRAWING 17	TOTAL CLAIMS 8	INDEPENDENT CLAIMS 1
35 USC 119 (a-d) conditions met	<input type="checkbox"/> yes <input type="checkbox"/> no <input type="checkbox"/> Met after Allowance				

Verified and Acknowledged      Examiner's Signature      Initials

**ADDRESS**

Mark A. Krull  
P.O. Box 7198  
Bend ,OR 97708

**TITLE**

EXERCISE METHODS AND APPARATUS

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